

### **COOKING FOR FAMILIES AT RONALD MCDONALD**



There are two Ronald McDonald Houses supporting the needs of families with children at the Starship Hospital. Both houses are now coming together at the Domain Road House on the nights when a Company comes in to cook dinner. On April 23 when the Teams' from McFall Fuel and Fuchs prepared the meal both houses were full and so the dining room and the tables outside rapidly filled with families looking forward to their home cooked meal thanks to the generous support of Taylor Brothers and Fuchs. The McFall Team were delighted that there was

enough food left for those who had yet to come from the hospital.

For the first time we sought permission to tell the story of a youngster faced with being away from home and dealing with what lies ahead. 5 year old Mahuta has travelled from the Cook Islands with his Dad for his treatment of Hodgkin Lymphoma leaving behind the rest of his family for at least 8 months. The cheerful young man shared that he loved The Avengers and was proudly wearing his Incredible Hulk T Shirt representing his favourite hero. "I go to Takitimu School and like playing rugby and soccer," said a smiling Mahuta.

## **KIWI INGENUITY IN THE DAIRY INDUSTRY**

Who would have thought that milking cows in the dark could produce an outcome that would give the chance for the rest of us to sleep better at night. Synlait Milk along with New Zealand Trade and Enterprise and Ingredia SA funded the clinical trials at Otago University into iNdream3. The University found that the product reduced the amount of time it took to go to sleep as well as the time in the deepest stage of sleep was increased. The best outcome for many of us no doubt lies in the reduction of what is known as daytime dysfunction—sleepiness, fatigue, impaired memory, and poor concentration.

There has been much debate about the use of the sleep promoting hormone melatonin by professional athletes who were using it to help them deal more effectively with jet lag.

With the discovery that dairy cows naturally produce increased concentrations of melatonin in milk in the hours of darkness there is no doubt that this high new product may well offer long term benefits for sleep deprived people.



### THE FUEL PRICING DEBATE

A long held debate about do Petrol prices fall as quickly as they rise in the retail sector has seen an independent report completed and despite the long held belief that the fuel companies are slow to respond it has been found that in fact fuel prices in New Zealand fall as quickly as they rise.

The report states that "petrol companies pass on oil price decreases to consumers just as quickly as they pass on increases in prices". The report also notes that "the speed at which oil price changes end up in retail prices – both ups and downs – has accelerated and become more volatile over the last 12 months".

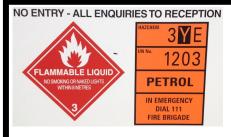
As Tony Field the TV3 News reporter commented recently in one suburb in Auckland there were 18 different retail prices for fuel but remember the cents gained could well be lost if you purchased other items.

#### **SHIFTING PROPERTIES**

GIVE US A CALL ON 0800 623 255 TO PUT DELIVERIES ON HOLD WHILE YOU SHIFT & THEN LET US KNOW WHEN YOU ARE READY TO GET UNDERWAY AGAIN

# What's Happening @ 0800 623 255

### SUPPORTING CUSTOMERS WITH COMPLIANCE



There is a lot of detailed work that goes into servicing and managing customer needs more efficiently and effectively. At present a significant focus is helping customers with meeting the standards of tank compliance in their yards as we move closer to the impending new legislation.

The Commercial Team have a plan in place to work with customers to ensure that the location of their fuel storage tanks meets the required standards and so a Stationery

Tank Certificate is achieved. "We have already had a number of customers who have been assessed by their respective Council personnel and it is interesting to note that the Auckland Council have now determined that some sites are in areas that have been designated high risk and so audits now must occur annually rather than the previous three or five years," said General Manager, Sheryl Dawson. "We are keen to make the compliance requirements as easy as possible for our customers and have Logan Fleming ensuring that customers get all of the information and support that they need prior to the audit."



# **MCFALL FUEL CONFERENCE**



The planning is well underway for this year's McFall Fuel Conference which will see staff and their partners involved in the weekend. "Naturally, there will be much discussion around the upcoming amalgamation of McFall Fuel and Direct Fuels. We have some very exciting times ahead if we continue

to build on the strengths that both Companies will bring to the merge and we want everyone to feel that they have been able to contribute their thoughts around the new direction," said Allan McFall. "It will also be a great time to reveal the new look website which has seen a lot of research into the history of the Company and the McFall family for the timeline which will be in the *About Us* section. The website has been developed so that it can be used on mobiles, ipads, and computers."

### SHAKEOUT DAY OF ACTION 2015

The National Earthquake Drill is set for 9:15am on Thursday 15 October 2015. This is part of the International ShakeOut Day of Action. Given the recent devastation, displacement, and loss of life in Nepal and our learning from Christchurch everyone, everywhere should know the right action to take before, during and after an earthquake.

The aim is to get 1.5 million New Zealanders to sign up and take part. The goal is to make New Zealand's the biggest per capita ShakeOut drill in the world. For those who cannot do the drill at 9:15am, 15 October 2015, you can choose within two weeks (and still be counted).

Over the coming months individuals, businesses, and organisations are encouraged to sign up on the Civil Defence Websites. This will see you kept up to date with all the information you need to take part in the Drop, Cover and Hold drill.

### COMPLIANCE

ASK US ABOUT SPILL KITS & SIGNAGE REQUIRED FOR YARDS

